



# First Reminder

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February 2012

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## INSIDE THIS ISSUE:

Pastor's Letter	1
Council Corner	2
Household Ministry	3
Men / Kidfaith	4
Youth	5
Women	6
Parish Nurse	7
Church Family	9
Talent Show	10
Lutheran Family Svcs	11
Volunteer Ministry	12
Social Justice	13
Bits and Pieces	15
Birthdays	18
February Calendar	19

## FROM THE DESK OF PASTOR STEVE

Dear Friends:

In my early years of pastoral ministry I took students to Green Wing Bible Camp in northern Illinois. Green Wing consisted of a swampy, forested acreage that had formerly been a hunting property. On one evening during the week of camp, the chosen activity was normally "hide and seek." Campers would be the seekers, and pastors and staff would hide. It is my recollection that it was not too difficult to remain hidden in those dense woods. If I climbed up a tree and kept still, it was very unlikely I would be found . . . no matter how many young people cried, "*Come out, come out, wherever you are!*"

How did things "come out" at First Lutheran in 2011? Often, people want to know how things "turned out" budget-wise. Once again, we are very grateful to God as we pass on the answer to that question. For at least the past four years, we have finished strongly "in the black," and have thus been able to address many ministry and building needs together. Thank you! See the "council corner" in this newsletter for further information related to this good news. In addition, I want to say, "Come out, come out, whoever you are!" *Please come to the church's annual meeting* (soup at noon; meeting at 12:45 p.m.) *on Sunday, January 22*. Maybe it has not been your custom to attend, but I truly want to urge you to "come out." It is not the "same old" meeting it used to be! The council in recent years has done a great job in helping to focus our mission in Christ and to celebrate our many joys as a congregation, as well as presenting budgetary plans. Come and be part of the community after worship on the 22<sup>nd</sup>.

Our continuing call is also this: "*Come out to worship*" *on Saturday evenings, Sundays, and during the mid-week services of Lent*. We have had three baptisms to share during the early weeks of Epiphany (which began January 6), and all of us can be deepened in our baptismal identity as we are nurtured in Word and Sacrament week by week. We will have a "healing service" (prayers and laying on of hands) as part of the liturgy on January 28 and 29. Come and be strengthened and renewed. Lent will begin on Ash Wednesday, February 22. We will focus on the texts and emphases of Evening Prayer with the theme, "Praying with the Saints." We look forward to coming out to pray and worship together in these upcoming weeks.

Our motif for this school year is "Reaching out to the Wider Community." We continue to look for more First Lutheran members to take on a mentoring role at Central Elementary. Talk to Anna McBriar or to me, and consider making this weekly commitment to our neighboring children. We also want to persist in reminding one another: the culture and understanding of "church" has changed in our society. Living out faith in community is not an expectation for many people. As ambassadors of Christ, we are called to "fish for people", that is, to seek and invite and welcome new persons all the time! "*Come out, come out, wherever you are.*" To cry out in this way is no longer just a child's game, but the ongoing task of the church in the 21<sup>st</sup> century.

In Christ, Steve Berke, Pastor

**Rooted first in  
worship, learning  
and  
hospitality,  
we are sent forth in  
the power of the  
Holy Spirit, to  
witness to Christ  
and to serve others,  
both in our  
households and in  
the wider  
community.**

**Council Corner – 2012  
January 10, 2012 Council Meeting**

<u>Council Member's Name</u>	<u>Attendance</u>
Carol Danford	Yes
Richard Dierks	Yes
Mike Dobson	No
Lewis Geyer	Yes
Marsha Hansard	Yes
Chris Henson	Yes
Nathan Hopper	Yes
Char Lemkee	Yes
Melinda Yale	Yes
Dr. Tim Ray	Yes
Chris Skultety	Yes
Carolyn Young	Yes

<u>Staff Name</u>	<u>Attendance</u>
Pastor Steve Berke	Yes
Pastor Paul Judson	Yes
Elaine Hertz	Yes

**Non-voting Council Members**

Fin. Sec. – Lisa Burgesser	Yes
Treasurer – Bill Swenson	No

<b>Celebrating the Stewardship Of Our Resources—12/31/2011</b>			
<u>Budgeted</u>		<u>Actual</u>	
Income	\$873,797	Income	\$883,643
Expenses	\$821,289	Expenses	\$828,872

**Actions:**

- \* Council appointed Eric Doering to the St. Vrain Manor board.
- \* Council approved changes to the Policies and Procedures Manual as presented.
- \* Char Lemke presented a plan for our current available operating cash of \$120,001.05. The plan included keeping \$60,000 for a cash reserve; \$30,000 to fund our facility reserve per recommendation of the property stewards; and the balance of the remaining cash is to be used for debt reduction and to fund current facility projects. The plan was approved.
- \* Char Lemkee was appointed treasurer effective February 1<sup>st</sup>.

**ATTENTION  
THRIVENT MEMBERS!**

Thank you to all the Thrivent members who have designated Thrivent Choice dollars to First Lutheran during 2011. Many of you have set up a recurring direction with Thrivent Choice to have your Choice dollars automatically distributed to First Lutheran. We have been notified by Thrivent that the recurring direction will need to be updated for 2012. Later this month, Thrivent will be notifying those who had a recurring direction set up for 2011 with directions on how to update the recurring direction for 2012. Please watch for this notification in January and contact the church office if you have any questions or need assistance with the update. Thank you for your support of our church through Thrivent Choice dollars.

**DEBT REDUCTION:** We would like to recognize the following individuals who have contributed to the debt reduction with brick dedication donations. These donations were received from November 1 to December 31, 2011. Ardis Jacobson, Artie Elmquist, Corby & Carolyn Young, Cory & Jamie Wolff, Dr. & Mrs. Richard Swanson, Fred & Annely Peterson, Gary & Ila Gentry, Gerald & Delores Mueller, Gretchen Knutson, Harold & June Nelson, Irene Schwendemann, Jean Larson, Judy Wittmann, Karl & Lorna Heichelheim, Kathy Hopper & Family, LeRoy & Mary Holt, Les & Fran Von Hagel, Mabel Boehm, Mark & Elaine Hertz, Marv & Maxine Berg, Milenda Powers, Nancy Judson & Family, Nancy Umbreit, Pastor Steve Berke & Lori Johnson-Berke, Pat & Nancy Hindman, Patty Serlis, Pauly Brockmann, Raymond & Marcia Grummert, Richard & Melinda Yale, Ron & Nancy Thomas, Sharon Wetzal, Stephen & Adele Jackson, Wayne & Elaine Royer.



# First Lutheran Household Ministry

*Progressive weaving of ministry opportunities in an effort to shape faith formation for those in the first third of life...utilizing the care, wisdom, volunteerism, support and prayer of the whole congregation.*

## Parenting Safe Children January 21



First Lutheran Church is hosting a Parenting Safe Children workshop presented by Feather Berkower on January 21, 10:00 a.m.-2:00 p.m.. The workshop addresses ways to prevent child sexual abuse. This is a very empowering workshop for all parents. The workshop is \$50 per person but scholarships are available. Childcare and lunch will be provided for free. You do need to pre-register and spaces are limited. To register or if you have any questions, contact Alicia Howell at 303-827-3435 or [alicia.princess@gmail.com](mailto:alicia.princess@gmail.com).

## Household Event! - February 26

Mark your calendars for the next Household event. Join us on February 26, at 9:45 a.m., in the Big Room as we focus on the key of service. We will be hearing from organizations supported by First Lutheran and participating in a service project.

### ADOPT-A-HIGHWAY

In keeping with this focus on service we will be encouraging everyone to choose a way to volunteer during the month of March. An opportunity to volunteer will be provided every weekend. Watch the bulletin and newsletter during Lent for a list of these opportunities and other ideas for service that you and your family can do.



## Household Camp!! July 27-29 at Sky Ranch

Already thinking of plans for the summer? Household Camp at Sky Ranch will be July 27 - 29 this year, with camps for the elementary and middle school kids the following week. Stay tuned for more details. Registration forms will be available starting in late February.





## The Sower

February 5, 12, 19

# Men's Retreat II



April 13-15, 2012

**Camp Santa Maria,**

**One Year to Live** is an intense 40 hour retreat for men to explore their own lives and faith and make real discoveries and real decisions about themselves. This retreat will take place at Camp Santa Maria in Grant, CO, and is being hosted by First Lutheran, Longmont; Faith Lutheran, Golden; St. Peter Lutheran, Greenwood Village; and Bethany Lutheran, Cherry Hills Village. Check out the page to learn more.

Herb Hergott from First Lutheran is co-leading this retreat with Peter Ewers from Faith Lutheran in Golden.

Check out <http://bouldermensretreat.firstluth.org/> for more information and registration.

*To learn more:*  
Talk to Herb Hergott

or contact [gus.brockmann@firstluth.org](mailto:gus.brockmann@firstluth.org)

"A sower went to sow some seed . . ." For many of us, that is all we need to start telling the story of the seeds on the path, in the rocks, in the weeds and on good soil. Come help the next generation of children learn this great story! Here are the workshops, let me know if you can help.

**GAMES:** Children play games that ask them which way they should "grow." We play tag with a twist, bounce for joy and find a new way through danger!

**One Volunteer needed!**

**COOKING:** Nothing says good soil like a cup of dirt pudding! We make a tasty treat filled with candy hearts to remind us of God's love.

**One volunteer needed!**

**VIDEO:** Some times we need to listen very carefully and work together. To help talk about this idea we are going to watch a little bit of "Horton Hears a Who."

**One Volunteer needed!**

Let me know if you can help out, we still need **3 volunteers for this rotation!**

**[gus.brockmann@firstluth.org](mailto:gus.brockmann@firstluth.org)**

February 2012

# FLYpaper

First Lutheran Youth

**Youth Ministry Newsletter**  
 First Lutheran Church \* Pastor Paul Judson  
 Associate Pastor for Youth & Household Ministry  
 303-776-2800  
[paul.judson@firstluth.org](mailto:paul.judson@firstluth.org)  
[www.firstluth.org](http://www.firstluth.org)  
[www.flywebsite.org](http://www.flywebsite.org)

### Mid-FLY Events (6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> grade)

#### Ski/Board Trip

February 3-4

We are going skiing/boarding at Sol Vista! Each person going must pay for their own lift ticket and provide or rent their own equipment. Complete a registration form and submit it with \$20 to pay for meals. Be watching for special discounts and set this date aside for great skiing. Registration forms are available church or online.

#### Valentines Party for Children

February 12, 5:00-7:00 p.m.

We will host children for a few hours and share with them the great love of Christ while parents get a few hours to themselves. Pizza will be available. Everyone's help is welcome. This event qualifies for service hours.



#### MidFLY Ice Skating

March 4, 2:00-4:00 p.m.

Join your friends in Roosevelt Park for a trip around the rink and a little of Pastor Paul's famous secret recipe hot chocolate. Bring money for skating and knee pads, if needed.

### **Green River Spring Break Trip** March 24 to 28 or March 27 to 31

This is a household event. If your family cannot make the trip, you can apply, individually. The cost of the trip is \$125 per person. Registration forms with all the details will soon be available.

## CONFIRMATION

Wednesday nights – continue through Feb. 15.

Regular Wednesday Night Schedule...

5:00 p.m. – Open Church & Supper for \$3

6:00-7:20 p.m. – Confirmation (bring your Bible)

**PARENT** night: February 1 (middle school parents)

**Sunday mornings** for middle school students

9:45 a.m. in the Parish House

## Sunday Mornings

9:45-10:45 a.m.

MidFLY Sunday Confirmation in the Parish House

FLYhigh Jesus, Inc. in the FLYroom

High school students are watching the movie "Soul Surfer"!

### FLYhigh Events (all high school students)

#### New Orleans Planning

January 22, 6:00-8:00 p.m.

Everyone going on the summer trip to New Orleans should be coming to these monthly meetings.

#### Ski/Board Weekend

January 27-29

Register now for the annual Ski/Board Weekend. Our overnight accommodations will again be a condo in Breckenridge and skiing/boarding at Copper Mountain. (Be looking for the good deals.) The cost of the trip is \$25. Each person must provide their own equipment, lift ticket, and bedding. Registration forms are available on line or at the church.

#### SouperBowl of Caring

February 4-5, after each service

Volunteers are needed to stand at the doors after worship services over the weekend and collect donations for ELCA World Hunger. Sign up to help outside Pastor Paul's office.

#### Youth Council

February 12, 3:00-5:00 p.m.

First there will be planning for the fall and then setting up for the Valentines Party. Everyone is welcome!

#### Valentines Party for Children

February 12, 5:00-7:00 p.m.

We will host children for a few hours and share with them the great love of Christ while parents get a few hours to themselves. Pizza will be available. Everyone's help is welcome.



#### New Orleans Planning

February 19, 6:00-8:00 p.m.

Everyone going on the summer trip to New Orleans should be coming to these monthly meetings.

#### Shrove Tuesday Pancake Feed

February 21, 5:00-7:00 p.m.

We will host the congregation in a traditional meal of pancakes the night before Lent begins. All flapjack flippers are encouraged to help.

#### Lenten Supper/Bible Study

February 23, 5:30-6:30 p.m.

On this first Thursday in Lent we will meet at the Noodles on South Hover. Bring your Bible and money for supper.

### FLYhigh Ministry Team

Monday nights – Sanctuary - 7:00 p.m.

We are getting ready for Lent & Easter!



**WWW.FLYWEBSITE.ORG**

# First Lutheran



## Pies are needed....

for the Interfaith Quilters Show on Saturday, March 3. FLW will again host the Quilt Café. We will be serving pies, cheesecake, coffee and tea. If you would like to participate or volunteer, please contact Betty Swenson.



## Women's Tea

Mark your calendars for the next Women's Tea event to be held on May 12, 2012.

## Name Change

Please note that the Lutheran Women Today magazine changed it's name to **Gather**. The magazine will have the same great format.

## Purpose Statement of Women of the ELCA

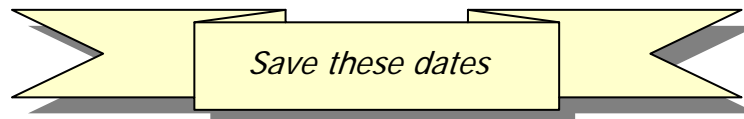
As a **community** of women **created** in the image of God, **called** to discipleship in Jesus Christ, and **empowered** by the Holy Spirit,

We **commit** ourselves to grow in faith, **affirm** our gifts, **support** one another in our callings, **engage** in ministry and action, and **promote** healing and wholeness in the church, the society, and the world.

## Purpose Statement of the Rocky Mountain Synod Women

**G**ather as Christian Women  
**R**each out to one another  
**O**ffer support and hope in Jesus Christ  
**W**alk humbly with God.

<b>Esther</b>
Mary Fittje
303-776-1886
<b>Naomi</b>
Kathy Burton
303-678-8482
<b>Rachel</b>
Please contact
Church office
<b>Sarah</b>
Becky Warriner
303-485-1252



**PRAYER SHAWL MINISTRY** meets the first Friday of the month, at 9:00 a.m.; the next meeting is February 3.

**SEWING CIRCLE** Call Betty Swenson for information.

**ESTHER CIRCLE** meets the fourth Thursday of the month, at Noon; the next meeting is January 26, in the Fireside Room.

**RACHEL CIRCLE** meets the fourth Wednesday of the month, at 9:30 a.m.; the next meeting is January 25, at Thelma Bachman's.

**SARAH'S CIRCLE** contact Becky Warriner for information.

**NAOMI CIRCLE** meets the fourth Thursday of the month, at 7 p.m.; the next meeting is January 26, at Marilyn Williams'.

# For Your Good Health

## HOME REMEDIES THAT WORK

Have you ever tried standing on your head while drinking a glass of water to get rid of hiccups? How about rubbing a radish on a skin wart?

While people swear by their favorite home remedies, most remain unproven. Every now and then, however a piece of folklore is scientifically validated.

Sometimes that happens because a supposed cure rings true to a researcher, who decides to put it to the test. In other cases, personal experience motivates a researcher to take a promising remedy out of the kitchen into the lab.

In recent years a handful of such cures have held up under the microscope. Here are a few:

### A Saltwater Bath for the Nose

An ancient Indian yogi treatment for a stuffy nose from allergies, sinusitis or other causes is now a hit on drug store shelves. Nasal saline irrigations have proven to be a safe and inexpensive remedy for chronic nose and sinus inflammation. Saline irrigations won't reverse infections, but it relieves symptoms and helps remove mucus from the nasal cavity. The rinses may also clear out allergens and bacteria and cause the cilia, tiny hairs in the nose that pushes mucus along to work more effectively. There are two kinds of irrigation kits, one pushes the saline into the nostril by squeezing the bottle and the other a pot with a small spout uses gravity to deliver the saline, Try it am and pm and clean pot daily.

### Chicken Soup for a Cold

Grandma was right. Chicken soup helps fight the common cold. Studies show that it can reduce symptoms, although it doesn't appear to prevent or shorten the illness. Inhaling the warm steam of the soup loosens nasal secretions and drainage. The soups heat also may ease throat soreness and the broth prevents dehydration. Research shows that chicken soup may also have a mild anti-inflammatory effect.

### Yogurt for Belly Ache

Before refrigeration, people preserved milk by adding fermented milk to it. The result was a yogurt drink loaded with friendly bacteria. A growing body of research suggests that those bacteria, known as probiotics may provide multiple health benefits. Probiotics take up residence in the intestines and prevent disease causing bugs from settling in, Probiotics show promise for relieving diarrhea, digestive problems, eczema in children, and urinary tract and vaginal infections. Research suggests that probiotics also offset side effects from antibiotics and shorten the length and severity of the common cold. To try probiotics look for yogurt or yogurt drinks that contain Lactobacillus.

### Cranberries and the Bladder

North American Indians were the first to tap into this berry's infection fighting powers. Skeptics have long held that the benefits have nothing to do with the berry, but rather reflect the bladder flushing effects of the water in the juice. Research has demonstrated something truly special about the juice of a cranberry. It may keep infectious bacteria from sticking to the bladder wall. Look for drinks that list cranberry as their first ingredient.

So what are your favorite home remedies, they just may work.

God' Peace and Joy,

Wendy Wagner RN BSN

LAST CALL to be part of this important workshop!  
 Contact Alicia Howell at 303-827-3435 or [alicia.princess@gmail.com](mailto:alicia.princess@gmail.com) to see if space is still available.

## “PARENTING SAFE CHILDREN”

Next Saturday, January 21, 2012, 10:00 a.m.-2:00 p.m.

Every parent wants to protect their children. Do you know how?

First Lutheran Church is hosting the “*Parenting Safe Children*” workshop, with Feather Berkower, LCSW, on January 21, 2012, 10:00 a.m.-2:00 p.m. Feather Berkower is a licensed clinical social worker and holds a Masters of Social Welfare from the University of California, Berkeley. She is an expert in the field of child sexual abuse prevention and has worked with over 70,000 children and 6,000 parents. **The Parenting Safe Children** workshop uses a three-part prevention model developed over two decades in the field. You will learn very specific tools you can use in your home, school, place of faith, youth organizations, and community to protect children from sexual abuse.

1. **Parent Education**—You will learn what makes children vulnerable to abuse.
2. **Child Empowerment**—You will learn age appropriate body safety rules to teach your children.
3. **Caregiver Screening**—You will learn tools and techniques for screening caregivers effectively.

This is a must-attend workshop for people with children of all ages! Learn how sex offenders select children and families; learn actions you can take to keep your children safe; and leave with information and activities that you can put to work immediately. **This is your last opportunity to sign up!** The cost is \$50 per person. Pre-registration is required, and scholarships are available. Childcare and lunch will be provided at no cost. To register, contact Alicia Howell at 303-827-3435 or [alicia.princess@gmail.com](mailto:alicia.princess@gmail.com)



## ANNUAL MEETING OF THE CONGREGATION NEXT Sunday, January 22, at 12:45 p.m. in the Big Room.

Lunch will precede the meeting.

All voting members of the congregation should plan to attend this important meeting. Included in the business of the congregation will be the election of Council members and members of various committees, the vote on the Budget for 2012, and a vote on amendments to our church constitution.



ASH WEDNESDAY—February 22

Services at 4:30 & 7:00 p.m.

Supper, in the Big Room, at 5:30 p.m.

Lenten Services and suppers continue each week in Lent.

## We Remember Our Church Family

HOSPITALIZED: Michael Holubec

HOME FROM HOSPITAL: Dick Kounovsky, Jerry Singer, Jessica Stratton, Arlo Boda, Joyce Brooks, Del Danielson, Alfred Koschade, John Fallon, Adam Jones, Lucy Stromquist, Nadine Lesser

BAPTISM We welcomed into the Family of God through Baptism on...  
 January 7, **Rohne William Hunter**, son of Josh and Danielle Hunter, with Jordan Hunter as his sponsor. Trey is Rohne's big brother. His grandparents are Tom and Lori Hunter; his great grandparents are Ron and Arlene Hunter.  
 January 15, **Keira Grace Massarotti**, daughter of Glenn and Shannon Massarotti, with Keith & Lori DeVoe and Howard & Julie Beaver as her sponsors. Colton is Keira's big brother.  
 January 15, **Jace Thomas Maronek**, son of Brian and Cara Maronek, with Michael Friery, Tori Gustafson, and Todd & Kelsey Riccio as his sponsors. Jace's big brother is Kade; his grandparents are Britt and Kathy Friery.

WEDDING: Congratulations to **Jenny Hinman and Peter McLellan** who were married on Sunday, January 8, at Bethany Lutheran Church in Minneapolis, MN. Jenny is a student at Luther Seminary, and is currently serving her pastoral internship year at Trinity Lutheran Church in Brainerd, MN. She is the daughter of Dr. Mark and Ann Hinman.

DEATHS: Our thoughts and prayers are with...  
**Edna Wasilewski**, on the death of her husband Walter, on November 11, in Longmont; and with their daughter Holly Keenan. We apologize for listing Edna's name incorrectly in last month's newsletter, and we continue to remember Edna and Holly during this time.  
**Josie and Gus Brockmann and their family**, on the death of Josie's grandmother, Betty Meyers, on December 22. Betty was from the Wichita, Kansas, area.  
**Shirley and Terry Anderson**, on the death of their sister-in-law, Virginia Adler, on December 19, in Arvada, CO.  
**Kathy and Sam Hopper, Nathan and Karen**, on the death of Kathy's father, John-Henry Lassen, on December 22, at the Life Care Center, in Longmont.  
**Irene and Walt Schwendemann**, on the death of Irene's sister, Ema Cordes Scheps, on January 4, in Almina, Wisconsin.  
**Jean Lostroh**, on the death of her sister-in-law, Laverne Lostroh, on January 4, in Longmont.

**PLEASE contact the church office (303-776-2704) when you or someone you know is hospitalized** so that appropriate pastoral care may be given. **Please note that if the person being hospitalized enters the hospital through the Emergency Room, their name does not appear on the census that our church staff has access to. You must call to inform our church office of the hospitalization.** We care for you, and want to visit you when in the hospital. Thank you for your assistance and understanding.



**THE FIRST LUTHERAN CHURCHMEN PRESENT**



**You've watched America's got Talent!**

**Now make plans to attend the first ever  
First Lutheran's got Talent Show!**

**Saturday, February 11, 2012  
7:00 p.m.**



**First Lutheran Friendship Center**



**Three judges will make their pick for the best acts.  
The audience will get a chance to vote as well.**



**Winning acts will be posted on YouTube !**



**Suggested Donation**

**Adults \$5.00 \* Children Ages 5-12 \$3.00 \* Under 5 Free**

**Refreshments will be served during the intermission.**

**PROCEEDS TO BENEFIT THE FIRST LUTHERAN CHURCHMEN.**



**SUPPORT FOR MISSION—for Local, Synod and the Globe:**

We appreciate the support of those who have turned in Giving Commitments.

***Pledges, if turned in soon, can still make a difference!*** If you haven't yet made a Giving Commitment (pledge) for 2012, we'd like to invite you to join with us in supporting God's mission through First Lutheran Church. *(Pledge cards are in the reading rack in the narthex, or you can enter your giving commitment online, at [www.firstluth.org](http://www.firstluth.org).) Thank you!*

**CONGRATULATIONS to *Wally and Cathy Hubert*** who will celebrate their 53<sup>rd</sup> wedding anniversary on January 17, 2011.



**INTERESTED IN A TOUR TRIP TO TURKEY?**

Pastor Steve Berke has a CD that people can borrow—it has photos and further information. You can also log on to [www.turquoisetourismandtravel.com](http://www.turquoisetourismandtravel.com) to learn more about the dates of 2012 tours and package details. Possible dates are March 9-22; March 23-April 5; April 6-19; April 20-May 3; May 4-17; and May 18-31. The Berkes are planning to go May 4-17. Please note the tour brochure that is enclosed in this newsletter.

**FROM LUTHERAN FAMILY SERVICES ROCKY MOUNTAIN (LFS)...**

Lutheran Family Services of Colorado is now **Lutheran Family Services Rocky Mountains!** The name change reflects the growth of LFS, which has doubled in size and impact over the past six years and compliments the names and service area of the Rocky Mountain Synod ELCA and the Rocky Mountain District of the LC-MS. Since 2006, LFS has increasingly been responding to various human needs in Montana and Wyoming and in 2011 was invited by the state of New Mexico to begin providing refugee resettlement services there. LFS Rocky Mountains will be opening an office in Albuquerque next month but all agency administrative functions will continue to be housed in the central Denver location. Please visit [www.LFSRM.org](http://www.LFSRM.org) to learn more and find out how you can help LFS serve the Rocky Mountain community in 2012 - our 64<sup>th</sup> year of service!

**FOSTER CARE:** There are thousands of children in Colorado in need of safe, nurturing foster homes. Lutheran Family Services is always recruiting new foster parents, particularly those who are interested in fostering older children and sibling groups. If you or someone you know is interested in becoming a foster parent, please call us at 800.579.9496 for information about the next local meeting.

**CARE MANAGEMENT SOLUTIONS (CMS)** is a program of Lutheran Family Services of Colorado and serves individuals over the age of 55 and their families. CMS' services are specifically designed to support older adults and their families as they wrestle with aging related issues. CMS has trained and licensed clinical social workers to help you sort out feelings and help you feel better. We accept Medicare and many other insurance plans and have a sliding scale fee rate to make the service affordable to all. Call 303-922-3433 to talk with our counselors.

**SAVE THE DATE FOR A RAINFOREST RENDEZVOUS** with Lutheran Family Services of Colorado at the Wildlife Experience on Saturday, April 21, 2012. Join us for an evening of cocktails, an adventurous auction, incredible feast and overall WILD time! Proceeds from the annual gala will benefit the programs of LFS, offering help and hope for children, families and older adults.



## Volunteer Ministry

SHARE YOUR GIFTS IN SERVICE

Please call Nancy Dorth  
303-776-2704  
for more information.

### Opportunities to Share Our Faith

#### Help Serve for Annual Meeting Lunch on January 22

A soup and salad lunch will be served preceding the Annual Meeting on Sunday, January 22. The lunch is being prepared by Char Kloster and Marilyn Treharne. Kitchen helpers are needed for serving lunch and cleaning up. Please call the church office to assist. Thank you.

#### Altar Care, Communion Assistants and Ushers Needed

Please consider serving in worship ministry in any of these areas: Altar Care volunteers are needed to change the candles, paraments, and altar linens. Training is provided. Volunteers serve for one month at a time. There are many openings for ushers at 11:00 worship, especially for January, February, or March. Additional communion assistants are needed for 11:00 worship. Please call the church office to volunteer. Thank you.

#### Service to Families for Funeral Receptions

Service to Families provides food and serves for funeral receptions. This ministry of caring is deeply appreciated by bereaved families. With the beginning of a new year, many additional helpers would be appreciated. Volunteers are assigned to serve for one month of the year, or to fill in when additional helpers are needed. Please call the church office to sign up. Thank you.

### OUR Center Volunteer Opportunities

**Day Shelter Pantry workers:** prepare food bags for day shelter clients, Monday through Friday, 3-hour shifts from 9:30 a.m. to 3:30 p.m.; **Food Pantry assistants:** Monday through Friday, 8:00 a.m. to 12:30 p.m., or 12:30 to 4:00 p.m.; **Kitchen assistants:** help with lunch preparation and serving, dishwashing and cleaning, Monday through Friday, morning to early afternoon shifts; **Clothing Bank** – receive donations and sort clothes, Monday through Saturday, 8:00 a.m. to 12 p.m.; **Warming Center overnight volunteers:** on-call needed during cold weather, help prep meals and socialize with adults staying overnight, shifts 5:00 p.m. to 1:00 a.m., or 1:00 a.m. to 7:00 a.m.; **Hot Lunch volunteers** – prepare and serve lunch for approximately 150 people on weekends. Training provided. For more information about any of these needs, contact Maggie at 303-772-5529, ext. 235, or [maggie@ourcenter.org](mailto:maggie@ourcenter.org). Thank you.



**Special  
Appreciation  
and Many Thanks!**

#### Christmas Worship Assistants

We are grateful to ALL those who served in many ways for Christmas worship services: *ushers, greeters, acolytes, choir members and directors, musicians and accompanists, altar care and communion preparation; lay readers and communion assistants.* Special thanks goes to those who helped assemble bulletins for all the Christmas services.

#### Thank You to Jana Tilford

A special note of appreciation is shared with *Jana Tilford*, who has been helping every week with assembling Sunday worship bulletins. We are grateful for all her assistance!

# ***SOCIAL JUSTICE AND CARING MINISTRY***

*"...even as you have done it for the least of these, my brothers and sisters,  
you have done it unto me." Matthew 25:40*

## **Mrs. Mohamud Helps Create a Safe Environment in Dadaab for Refugees**



Mrs Mohamud wears a headdress bearing the Lutheran World Federation (LWF) initials as she is the chairwoman for the Community Peace & Security Team (CSPT) in Dagahaley, one of the five refugee camps of Dadaab, operated by the Lutheran World Federation in Kenya for the thousands of refugees from the Horn of Africa.

Dagahaley was built in 1991 to hold 30,000 inhabitants, yet today has a population of 119,180. This has led to new refugees establishing settlements outside the camp who are more prone to violence. Mrs. Mohamud, together with her co-chair, Mr. Mohamed, often find themselves in a tumultuous situation, helping solve community disputes over water wells and helping victims of violence find re-dress within the system.

For improved security and protection of camp residents the LWF is expanding the CSPT program from 539 teams to 1,139, focusing on improved handling of issues involving children, reducing attacks in high crime areas through better patrolling and lighting, as well as better informing residents of the proper channels for reporting incidences.

As the situation continues to change in the camp, the ELCA as a member of LWF is helping to bring a stabilizing presence. It's great that during Epiphany, the season when we see Jesus as the Light of the World, we can be a Light, bringing God's healing presence in a broken world through our prayers and through our giving. Thank you for the many times you respond to the needs in the world through prayer and your giving to Lutheran Disaster Response.

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## **BRAD WOOD SPEAKS AT ADULT FORUM Sunday, January 8**

An enthusiastic group gathered in the Big Room on Sunday, January 8, to hear Brad Wood, director of the Rocky Mountain Synod Advocacy-CO, state that our church's advocacy is totally nonpartisan and relates to policies rather than politics. He spoke of specific upcoming legislative issues relating to those in poverty, including health reform and guidelines for judges when divorced women are left in poverty. Wood also responded to many pertinent questions relating to homelessness and poverty.

# FAITH ADVOCACY DAY

February 20, 2012

*"TURNING THE  
CORNER FROM  
CHARITY TO  
JUSTICE"*



Join others from many different faiths and be encouraged to advocate on

behalf of the poor in Colorado! Our voices together are stronger than our individual voices. Hear legislators of faith relate to public policies regarding poverty and homelessness when we gather on Monday, February 20, at History Colorado, 1200 Broadway, Denver.

Bishop Allan Bjornberg of our Rocky Mountain Synod, will speak as well as Dr. Miguel de la Torre on "Turning the Corner from Charity to Justice".

Registration is \$25 (\$15 low-income/student rate) and includes lunch. For more info and to register, contact Lutheran Advocacy Ministry at 303-777-6700 or google [www.LAM-CO.org](http://www.LAM-CO.org). You may also call Todd Hawkins, 303-709-8923 or Jean Larson, 303-776-5687 for rides and information.

**Advocates at First Lutheran** sent 217 letters to elected officials during Bread for the World's "Offering of Letters" last fall. This year's efforts included a letter addressing hunger needs in the US and around the world. A second letter appealed for greater access to mental health services, an effort to strengthen families and communities. Social Justice Ministry thanks you for your advocacy, and will continue to provide opportunities for future advocacy on important matters of public policy.

**Safehouse extends a sincere thank you for the items contributed during our Christmas collection. "These items will be used in our shelter, outreach and other community programs." Thank you for your support.**

**WELCOME  
TO THE NEXT SJM MEETING  
Tuesday eve, January 24  
6:30 p.m., Fireside Room**



## PACKETS FOR THE HOMELESS

Thanks to many of you, there are many

homeless in the Longmont area getting a bus pass to Boulder for shelter, a welcome shower, and a meal, as well as a list of Longmont resources that can help them towards self-sufficiency. Handing a packet out of your car window with a smile and a "God bless you" to one holding a sign on a corner could make a difference in his/her survival. Many packets have been picked up since this outreach began last year and you have made sure the program continues with your generous donations. During these cold, winter months, these packets can bring not only sustenance but sorely-needed hope.

***"Give justice to the weak and the orphan; maintain the rights of the lowly and the destitute."***

...Psalm 82:3

## URGENTLY NEEDED

Volunteers are urgently needed to be a part of the "Point-In-Time Survey" of Longmont's homeless population, scheduled for the evening of January 24, as well as designated



days. Also needed are volunteers to fill gift bags for the homeless. To volunteer, contact Janet Walker Ready, coordinator, 303-441-1570 or email [behomelesscount@yahoo.com](mailto:behomelesscount@yahoo.com) for more information.

***"Those who are generous are blessed, for they share their bread with the poor."***

...Proverbs 22:9

# Highlights Ahead & Bits & Pieces

**DO YOU HAVE A LITTLE TIME TO SHARE? Do you like to work “behind the scenes”? Then you would be a good fit for the FIXER-UPPERS!**

Each month, the Fixer-Uppers meet the second Wednesday morning (8:00 a.m. to Noon), and the third Saturday morning (9:00 a.m. to Noon, preceded by the Men’s Breakfast) to do all kinds of fix-it jobs around the church building and our property. If you have an interest in serving in this way, please join in—your help would be appreciated. The work of this group has made a big difference in the upkeep of our church facility and grounds. Thanks to all who have participated in the Fixer-Uppers—both men and women! For information, please call Marv Berg, at 303-651-9939.



## SUNDAY MORNING ADULT BIBLE CLASS

at 9:45 a.m., in the Big Room. This class will meet at that time most Sundays during the school year. Pastor Berke is teaching “Manna and Mercy,” a brief Scriptural overview. This is a great resource.

## THURSDAY MORNING WOMEN’S BIBLE STUDY

Begins THIS Thursday, January 19. Watch if you have questions contact Wendy Wagner, at 303-8776-2704. Join us in the Fireside Room – 8:30 a.m. to 9:30 a.m.

## CLOUDS

**We need clouds for next summer’s VBS!** Please save **bubble wrap** and **foam wrap** that companies often wrap things in and bring them to the church office – Lisa will turn them into clouds! (We cannot use the foam peanuts.)



**ATTENTION SENIOR ADULTS!** The February Senior Gathering will be on Wednesday, February 1. We begin at 9:30 a.m. with coffee and fellowship, in the Fireside Room. A program follows at 10:00 a.m. We hope you will join us in the Fireside Room on February 1. Friends are welcome!

## UPCOMING CONCERTS in this area, by ELCA college choirs:

**Luther College Nordic Choir**, one of the top college choirs in the nation, will present concerts at: 7:00 p.m. on Sunday, January 29, 2012, at First Congregational Church, 2101 16<sup>th</sup> Street, Greeley, Colorado., at 7:00 p.m. on Monday, January 30, 2012, at Augustana Lutheran Church, 5000 East Alameda Avenue, Denver; and 7:00 p.m., on Tuesday, January 31, 2012, at Bethany Lutheran Church, 4500 East Hampden Avenue, Cherry Hills Village. Conducted by Dr. Allen Hightower, the choir will perform sacred choral works. \$20 adults, \$15 seniors, \$10 students; for tickets visit [www.luthertickets.com](http://www.luthertickets.com) or call 1-800-4-LUTHER.

**Concordia Choir**, one of the nation’s finest college choirs will perform Saturday, February 25 at 7:00 p.m. at Augustana Lutheran Church. Tickets \$25 Adults; \$20 Seniors; \$10 Students. Available online at [ConcordiaTickets.com](http://ConcordiaTickets.com) or by calling 800-838-3006. Sponsored by Augustana Presents. René Clausen conducts the 72-voice a cappella choir in several spirituals and hymns. They have performed and recorded with The King’s Singers, and Garrison Keillor calls the choir 'Exceptional!' For complete concert information, visit [www.TheConcordiaChoir.org](http://www.TheConcordiaChoir.org).

*Luther College - Decorah, Iowa, and Concordia College – Moorhead, Minnesota, are two of our ELCA colleges.*





# Highlights Ahead & Bits & Pieces

## DEBT REDUCTION

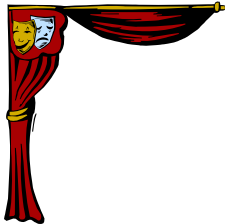
Each week gifts come in toward our Debt Reduction Fund. 100% of each gift goes directly to reducing the principal debt on the church mortgage—freeing up additional funds for church ministries and reducing the mortgage burden that we currently have. **Over \$53,000** has now been received toward the debt reduction. Dedicate a brick for \$100 or make a smaller contribution—all gifts are appreciated. Find the debt reduction envelopes on a table in the narthex at church; these can be filled out and placed in the offering basket with your regular offerings, or left in the church office. Be sure to indicate on your check memo line “Debt Reduction.” There are many events for which bricks can be dedicated. Thank you for your continued support in this new mission.

### TALENT SHOW coming up on **February 11.**

Get your act together, and be a part of this special event. Call the church office (303-776-2704), or Artie Elmquist at 720-771-2570, or [aelmquist@juno.com](mailto:aelmquist@juno.com).

See page 10!

## THEATRE AND THEOLOGY—Join us!



**Tuesday, February 21**, at 6:30 p.m., in the Stage Theatre. *The Taming of the Shrew* is a contemporary version of Shakespeare's Petruchio transforming Kate into a loving bride. Tickets are \$30. Contact Lori Johnson-Berke at 303-772-8266 for reservations or more information. Reservation deadline is Monday, **January 30**.

**Tuesday, March 27**, at 6:30 p.m., in the Ricketson Theatre. A world premiere of the *Great Wall Story*. On a slow news day in 1899, three Denver reporters decide to dream up a hoax. Their story: the Great Wall of China is being torn down. Based on actual events. Tickets are \$30. Contact Lori Johnson-Berke at 303-772-8266 for reservations or more information. Reservation deadline is Monday, March 5th.

**Tuesday, April 10**, at 6:30 p.m., in the Space Theatre. *Heartbreak House* by George Bernard Shaw. Comedy and drama are mixed in this story about the privileged and powerful enjoying frivolous pursuits at the brink of WWI. Tickets are \$30. Contact Lori Johnson-Berke at 303-772-8266 for reservations or more information. Reservation deadline is Monday, March 19th.

**Tuesday, May 1**, at 6:30 p.m., in the Stage Theatre. *Ring of Fire: The Music of Johnny Cash* is a revue of the singer's 39 best known songs describing the journey of a man in search of his soul. Tickets are \$30. Contact Lori Johnson-Berke at 303-772-8266 for reservations or more information. Reservation deadline is Monday, April 9th.

# Happy Birthday to . . .

- February 1 Christina Beasley, Jim Grieme, Phyllis Spaur, David Young
- February 2 Bill Campbell, Martha Hopp, Lin Wicklund
- February 3 David Ambroson, Julia Barnett, Arlene Hunter, Ronald Hunter
- February 4 Tyler Eberhardt, Cynthia Loukonen, Mary Rosenkoetter, Jayson Torbeck
- February 5 Mark Barnett, Angie Crookshank, Greg Dunnell, Connie Manley, Dan Nieuwlandt, Diane Schlagel
- February 6 Karen Marshall, Maggie Nieberger, Willie Pruett
- February 7 Erin Allen, Jackson Allison, Marge Cutler, Max Eiseman, Kristin Mitchell, Mason Nieberger, Chelsey Rickert, Kory Sweeney, Dennis Thompson, Gary Vehrenkamp, Jennifer Woodruff
- February 8 Mason Eismann, Don Fildes, Laura Hargreaves, Randy Ranson, Rich Salmon, Rachel Smith, Hannah Turner, Jim Voogt
- February 9 Danette Anderson, Jeff Satur
- February 10 Jody Anderson, Allan Guse, Eva Merrell, Lauren Merrell
- February 11 Glenn Bunzey, Dell Danielson, Becky Hall, Misti Snow, Blake Stromquist, Ryan Stromquist
- February 12 Anjulena Judson, Juan Mohr, Hailey Snow
- February 13 William Barnett, Mary Carter
- February 14 Karina Appel, Sally Carlson, William Lyddan, Cliff Reed, Serena Shaddock, Kurt Steward,
- February 15 Jim Bergh, Bernice Bonde, Corbin Casmey, Margot Gitson, Nancy Thomas
- February 16 Vicky Ahlberg, Andrew Dietz, Rachel Dietz, Christine Payne, Anthony Williams
- February 17 Lindsay Davis, Lexi Errington, Terry Halvorson, Famuer Rasmussen, Rick Samson, Craig Tilford
- February 18 Marta Pyatt, Brenda Sterns, Marina Strenge, Mark Vickland
- February 19 Matthew Bennett, Grant Berg, Jacob Bock, Lauren Bock, Burke Eismann, Sue Haley, Alicia Howell, Colleen von Bernuth, Robert Zsidisin
- February 20 Bev Catch, Calvin Eiseman, Dani Henson, Becky Smith-Selby
- February 21 Bruce Appel, Steven Barnett, Barbara Borg, Garrett Dobson, Bea Hinrichs, Erin Johnson, Rebecca Liebing, Chris Pederson, Cody Simkins, Joyce Teter
- February 22 Jordan Wagner
- February 23 Madaleine Allison, Payton Keeler, Evan Kratochvil, Helaine Nuttall,
- February 24 Erin Dawe, Kayla Gilliam, Nic Judson, Sean Ratliff
- February 25 Hayley Berg, Navy Coyle, Mark Denniston, Ronald Sander, Patty Serlis, Collin Sweeney
- February 26 Karen Besser, June Nelson
- February 27 Josh Bucket, Ann Rausch, Ernst Strenge
- February 28 Grace Almquist, Kevin Bennett, Emily Bishton, Debbie Boddiger, Hailey Bunzey, Les Coyle, Scott Dukes



# First Lutheran Church—February 2012

**Sun Mon Tue Wed Thu Fri Sat**

<p><b>OFFICE HOURS</b>                  Monday-Friday—8:00AM-5:00PM                  Saturday—9:00AM-Noon                  Call Church Office for information—303-776-2704                  Next "REMINDER" Deadline—February 14)                  (to be mailed out on Tuesday, February 21)</p>	<p>1 9:30PM Senior Gathering                  (See Wed. Schedule below)</p>	<p>2 8:30AM Study Group                  6:30-9:00PM Thrivent                  Financial Update, BR                  6:00PM Chancel Bells                  7:00PM Chancel Choir</p>	<p>3 9:00AM Prayer Shawl                  Ministry .                  9:30AM Pray &amp; Play                  Mid-FLY Ski / Board Trip—Feb. 3-4</p>	<p>4</p>
<p>5 SOUPER BOWL OF CARING                  Homebound Communion                  7:40-8:30 &amp; 11:00AM Worship                  9:45AM Sunday School</p>	<p>6 6:30AM Basketball                  7:00PM Ministry Team</p>	<p>7 9:00AM Brass Angels                  12 Noon Staff Lunch &amp; Meeting                  7:00PM Household Committee                  7:00PM BrotherSong</p>	<p>8 8:00AM Fixer Uppers                  (See Wed. Schedule below)</p>	<p>9 8:30AM Study Group                  10:00AM Friendship Group                  1:00PM Archives Com.                  6:00PM Chancel Bells                  7:00PM Chancel Choir</p>
<p>12 FAIR TRADE                  7:40-8:30 &amp; 11:00AM Worship                  9:15AM Blood Pressure Checks                  9:45AM Sunday School                  9:45AM Churchmen                  3-5PM Archives Conversation                  4:00PM—Youth Council                  5:00PM Valentine Party for                  children, given by the youth</p>	<p>13 6:30AM Basketball                  7:00PM Ministry Team</p>	<p>14 9:00AM Brass Angels                  1:30PM Staff Meeting                  7:00PM Church Council</p>	<p>15                  (See Wed. Schedule below)</p>	<p>16 8:30AM Study Group                  6:00PM Chancel Bells                  7:00PM Chancel Choir</p>
<p>19 7:40-8:30 &amp; 11:00AM Worship                  9:45AM Sunday School                  6:00PM FLYhigh New Orleans                  Planning Meeting</p>	<p>20                  President's Day                  Church Building Closed</p>	<p>21 9:00AM Brass Angels                  10am-3:30pm—Blood Drive,FR                  1:30PM Staff Meeting                  5:00PM Shrove Tuesday                  Pancake Feed, BR</p>	<p>22 ASH WEDNESDAY                  9:30 Rachel Circle                  Services at 4:30 &amp; 7:00 PM                  Supper at 5:30PM                  6:00PM Reflection Choir                  6:15PM Joyful Noise Choir                  8:00PM Good Vib Bells                  8:00PM Basketball</p>	<p>23 8:30AM Study Group                  10:00AM Friendship Group                  Noon—Esther Circle.                  5:30PM FLYhigh Lenten                  Supper/Bible Study—away                  6:00PM Chancel Bells                  7:00PM Chancel Choir                  7:00PM Naomi Circle</p>
<p>26 7:40-8:30 &amp; 11:00AM Worship                  9:45AM Household Event on                  "Service"—Everyone in                  Big Room                  1:30PM Together in Faith                  Class for 1st Graders</p>	<p>27 6:30AM Basketball                  7:00PM Ministry Team</p>	<p>28 9:00AM Brass Angels                  1:30PM Staff Meeting                  6:30PM Social Justice Ministry</p>	<p>29                  Services at 4:30 &amp; 7:00 PM                  Supper at 5:30PM                  6:00PM Reflection Choir                  6:15PM Joyful Noise Choir                  8:00PM Good Vib Bells                  8:00PM Basketball</p>	<p>24                  9:30AM Pray &amp; Play</p>
<p>25 5:30PM Worship w/Communion                  SOUPER BOWL OF CARING</p>	<p>17                  9:30AM Pray &amp; Play                  7:00PM rehearsal and set-up                  For Talent Show</p>	<p>18 8:00AM Men's Breakfast                  9:00AM FIXER-UPPERS                  5:30PM Worship w/Communion                  FAIR TRADE                  7:00PM First Lutheran                  TALENT SHOW</p>	<p>25                  5:30PM Worship w/Communion</p>	<p>25                  5:00PM Dinner &amp; Open Church                  6:00PM Joyful Noise Choir                  6:00-7:20PM Confirmation                  6:45PM Reflection Choir                  7:30PM Good Vibrations Bell Choir</p>

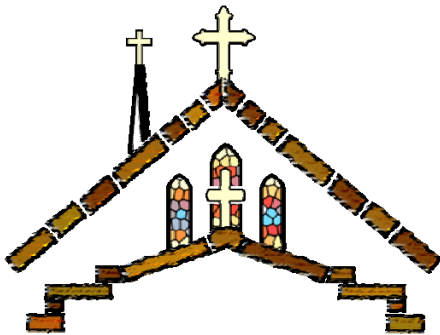
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**Please Join In! — (Information inside)**

**THE ANNUAL MEETING OF THE CONGREGATION**  
is **Sunday, January 22, at 12:45 p.m.**, in the Big Room

**“PARENTING SAFE CHILDREN”**  
**Saturday, January 21, 2012, 10:00 a.m.-2:00 p.m.**

**First Lutheran’s Got Talent Show!!**  
**Saturday, February 11, 2012 7:00 pm**

**And much more...**

**CONTACT**

*Third and Terry Street  
803 Third Avenue  
Longmont, Colorado 80501  
Phone: 303-776-2800  
Fax 303-776-1612  
Web/Email: [www.firstluth.org](http://www.firstluth.org)*

**INSIDE . . .**

- \* Family News
- \* Youth Events
- \* Volunteer Opportunities
- \* Household Ministries
- \* Pastor’s Message
- \* ELCA Women
- \* Calendar
- \* Birthdays
- \* Appreciations

*Steve Berke, Senior Pastor*

*Paul Judson, Associate Pastor*

*Julie Brooks, Associate Pastor*

*Gus Brockmann, Director Children’s Ministry and Worship*

*Wendy Wagner, Director Caregiving Ministries*

*Nancy Dorth, Volunteer Coordinator*

*Elaine Hertz, Accountant*

*Anneli Peterson, Secretary*

*Craig Gaskill, Facilities Manager*

*Mike Duran, Weekday Custodian*

*Patrick Ott, Weekend Custodian*